

## SALTAN™ SPA & SAUNA

We specialise in supplying custom design and manufacture of unique frame systems along with salt bricks salt to offer Saunas and Spas optimal, stable Salt Walls, built for purpose.

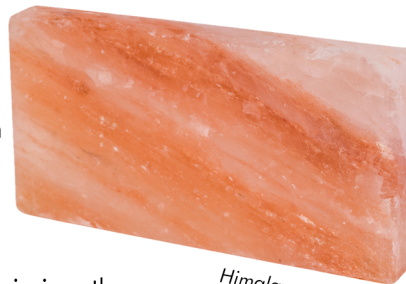


David Lloyd Leisure

## FOR DETOXIFYING BODY & MIND

A sauna's dry heat has many benefits for the body. Saunas are quite often referred by doctors and therapists alike to effectively treat patients. The primary function of a sauna is to produce dry heat. This dry heat has numerous health benefits to the body which is said to help treat muscular pain, skin problems, rheumatism and general injuries and sprains.

The addition of a salt wall into a sauna elevates the experience to another level and maximises the benefits of your time spent inside. Himalayan salt is well known for its use in salt lamps, when the salt is heated by the incandescent warm bulbs it emits negative ions into the air. A salt wall inside of a sauna will act in much the same way providing health benefits including stress reduction, energy increases and elevated mood. Salt walls promote cleaner air in their environment reducing bacterial content and providing airborne microparticles of salt giving a clean air experience much like beside the sea. The effect on personal health of traditional saunas is well known and when pure Himalayan salt is added, the result is a truly unbeatable sauna experience.

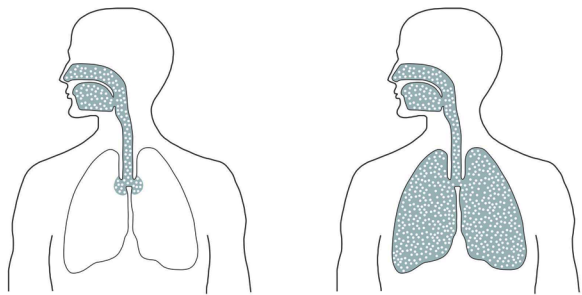


Himalayan salt brick

## SALT THERAPY

Salt inhalation has been known to promote good health and heal respiratory problems since ancient times. Hippocrates, often referred to as "the father of medicine", was recommending inhalation of steam from saltwater to treat the lungs over 2,000 years ago. Halotherapy, also known as dry salt therapy, remains a top spa trend due to the many health benefits people have reported.

We supply Salt Walls and floor salt for Salt Caves. Our partners supply world leading Halogenerator solutions to suit any size cave.



Inhalation of salt micro-particles

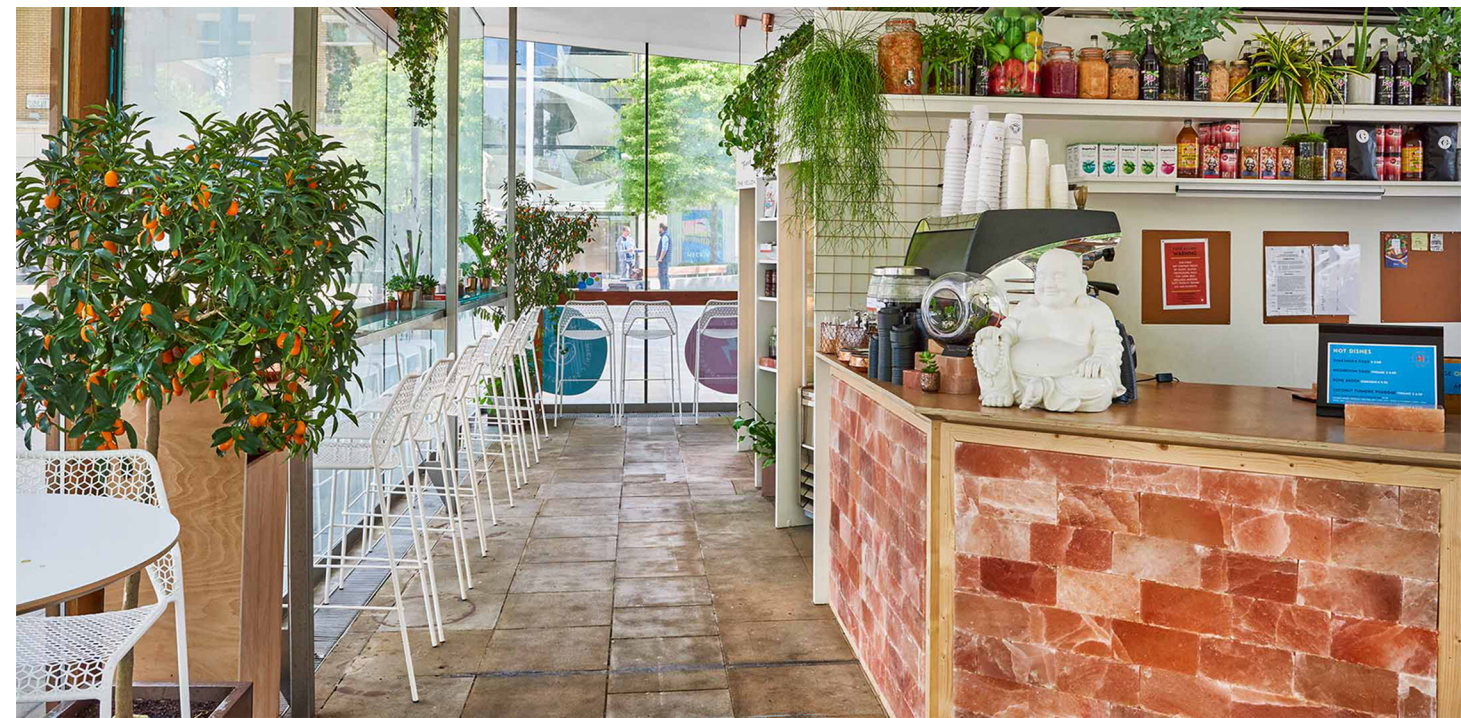
## HOME, STUDIO & BUSINESS

Himalayan Salt Walls are walls which are made out of salt bricks, salt slabs or salt blocks carved from boulders of Himalayan Salt.

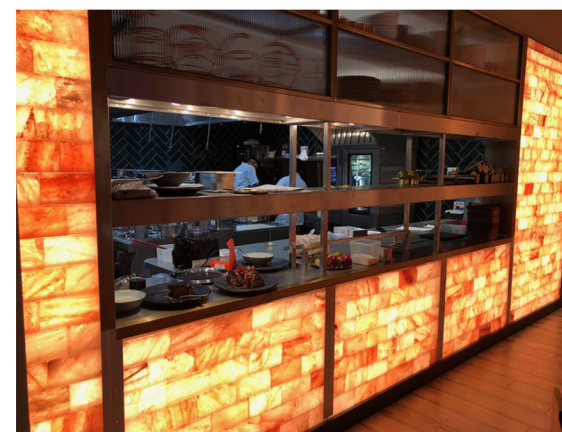
Their application is broad, some have has salt walls built for their home interiors, while business use ranges from hotel lobby or restaurant features to medicinal salt therapy rooms. Constructing a salt wall within a Sauna or Yoga room offers dehumidifying and air clarity qualities which greatly suit their intended environments while offering a memorable visual.



Maresia Spa



High Mood Foods



Farzi Cafe

## OUR SERVICE & SYSTEMS

We offer a tailored solution for all spa/interior salt walls with frames designed and manufactured for each project's requirements. Through the years we have refined our systems to make the most effective solution to the construction of Salt Walls using our framework and suitable adhesive.

Our premium selected Himalayan Salt Blocks are naturally varied in shades, and within the salt blocks, salt slabs, or salt bricks, there are natural veins running through them. This makes every piece unique, and in turn, every salt wall is one of a kind when put together to make a wall.

ENQUIRE TODAY TO DISCUSS YOUR PROJECT AND GET A QUOTATION FROM OUR FRIENDLY AND DEDICATED TEAM FOR UK OR INTERNATIONAL ORDERS.

**Did You Know** Himalayan pink salt is older than the Dinosaurs, at around 250 million years old. The salt gains its beautiful colour from the variable Iron content present within its crystalline structure.

www.saltan.co.uk  
info@saltan.co.uk  
0330 057 5992  
+44 330 057 5992  
@saltan\_salt